

# THIS HOLIDAY SEASON, #InThisTogetherGeauga

*Feeling the holiday blues? You are not alone.*

*The Geauga Suicide Prevention Coalition challenges you to connect with five people every day. Follow along for new ideas this season.*

**HAVE YOUR OWN PARADE: DRIVE-BY  
LOVED ONES' HOMES TO SAY HELLO**

**GO FOR A SOCIALLY-DISTANCED HIKE  
AT A NEARBY PARK**

**CREATE & SHARE A SLIDESHOW OF  
PHOTOS FROM HOLIDAYS PAST**

**DELIVER HOMEMADE, PREWRAPPED  
TREATS TO FAMILY & FRIENDS**

**WALK THROUGH THE NEIGHBORHOOD  
FOR AN OUTDOOR SCAVENGER HUNT**

**The Geauga Suicide Prevention Coalition**  
**#Strive5OH #InThisTogetherGeauga**

